**SAULT AREA HIGH SCHOOL**

**AND**

**CAREER CENTER**

Wednesday, February 12, 2014

**GENERAL ANNOUNCEMENTS**

**PLEDGE**

The Credit Union will be closed today.

**Baseball:** There will be a baseball open gym for all players planning to play varsity and jv baseball will be Wednesday and Sunday nights at 7:00 pm.

**Attention students:** There will be a black light dance Friday, February 14 immediately following the basketball game. Wear white to the game to support the Blue Devils and you'll be ready for the black light dance after ! There will also be glow in the dark face painting.

Get a carnation for your special someone today for only two dollars. You can order white, red, or pink but there is a limited number available. Carnations will be delivered tomorrow, just in time for Valentine’s Day!

Come watch the powder puff hockey game on Wednesday, February 12 from 6-7 at the Pullar. Admission is a donation of $3. Come support BPA and the Sault High Hockey Team!

Sault High Hockey will be hosting Pink in the Rink along with Senior Night on Feb. 18th at the Pullar vs. Traverse City game. The hockey team would like to "Pack the Pullar Pink" to show their support!

**GET MOVING SAULT HIGH:**

Need more ways to get your 60 minutes of exercise a day? Come to the following:

Open Swim every Tuesday from 6:45 – 7:30

Open Gym during C Lunch from 12:45 – 1:10

Weight Room Monday through Thursday from 3:00 – 4:30

And Open Gym every Friday from 7:30 – 7:50.

**Lunch:** Chicken Chunks, Whole Grain Pizza, Deli Sandwich on Whole Grain Bread, Specialty Salad with Roll

**Sides:** Mashed Potatoes with Gravy, Baby Carrots, Banana, Whole Grain Roll